

# 40<sup>th</sup> Annual DOG DAY ROAD RACE

5 Mile Run/Walk

Rain or Shine

Sunday August 19, 2018 9:30am SHARP

- Location-Start/Finish:** High Point Volunteer Fire Company 10 W. 80<sup>th</sup> Street, Harvey Cedars, NJ
- Directions:** Garden State Parkway Exit 63, Rt. 72 East to Long Beach Island, 4.5 miles north on Long Beach Boulevard to 80<sup>th</sup> Street Harvey Cedars.
- Course Description:** Scenic course in beautiful Harvey Cedars (map available on website)
- Awards:** Prizes to top 3 finishers in 15 age groups: (10 & under) (11-13) (14-16) (17-19) (20-24) (25-29) (30-34) (35-39) (40-44) (45-49) (50-54) (55-59) (60-64) (65-69) (70+)
- Cash prizes** to first three male overall & first three female overall finishers
- Course Record Holders:** Carmen Hussar-26:40, 2010 – Jarrod Shoemaker-24:36.47, 2012
- Proceeds:** Benefit HPV Fire Co. to ensure proper equipment, training & protection for our community and our volunteers
- Registration:** Mail in by August 15<sup>th</sup> - **\$25**  
Online at <https://register.compuscore.com/dogdayrace> until August 15<sup>th</sup> (credit card payment only-fees apply)  
On site Pre-registration Saturday August 18<sup>th</sup> from 3 p.m. to 7 p.m. - **\$30**  
Day of race 7 a.m. to 9 a.m. - **\$35**
- T-Shirt:** T-shirts are guaranteed for the first 1,000 runners.
- Information:** Please visit our website: [www.dogdayrace.com](http://www.dogdayrace.com) [www.hpvc.com](http://www.hpvc.com) or email questions to [info@dogdayrace.com](mailto:info@dogdayrace.com)

**NO BACKPACKS PERMITTED FOR SECURITY REASONS / NO LOCKERS AVAILABLE**

-----detach here-----

_____	_____	_____	<b>M or F</b>
Last Name	First Name	Age (day of race)	circle one
_____	_____	_____	_____
Mailing address	City	State	Zip code
_____	_____	T-shirt size:	S M L XL
Email address	phone #	(adult sizes:)	circle one

Signature \_\_\_\_\_ Date \_\_\_\_\_

In consideration of this entry being accepted, I the undersigned, intend to be legally bound hereby for myself, my heirs, executors, and administrators, waive and release the High Point Volunteer Fire Co., Borough of Harvey Cedars, Ocean County Bar Association, race supervisors, workers, volunteers and sponsors for any injuries suffered by me in said event. I attest and verify that I am physically fit and sufficiently trained for the completion of the event. Furthermore, I hereby grant full permission to use any photographs, recordings or record of this event for any legitimate purpose, including advertising and promotion.

**Make checks payable to: HIGH POINT VOLUNTEER FIRE CO.**

Please complete & mail to:  
*Dog Day Road Race*  
c/o High Point Volunteer Fire Co  
PO Box 3219  
Harvey Cedars, NJ 08008

**BE SURE TO INCLUDE YOUR ENTRY FEE**  
**\$25 received by August 15th**  
**\$30 on August 18th at Firehouse**  
**\$35 day of race**